

# Get started with Lifemark Connect in three easy steps:

- 1** Ask us for a free Lifemark Connect account. You'll receive an email invitation.
- 2** Click on the registration link in your email and create your password.
- 3** Log into your account. You can now use Lifemark Connect!

FEATURES	
Dashboard	Central dashboard featuring a summary of your account.
View Profile	Update your address, phone number and other information.
Appointment History	A handy listing of all your upcoming and past appointments.
Exercises	Review exercises recommended by your therapist.
Billing Activity	Download invoices or pay an invoice online.
Reminder Preferences	Adjust your settings for text and email appointment reminders.
Username / Password	Change your username or password, if needed.
Book Online	Book one or multiple appointments online.
Online Forms	Fill out forms ahead of your appointment to save time at the clinic.

## Access your Lifemark account from anywhere with Lifemark Connect.

To keep your information safe, Lifemark Connect uses a secure, encrypted connection that meets the highest industry standards.

### Join Lifemark Connect.

Talk to a Lifemark team member to receive your email invitation.